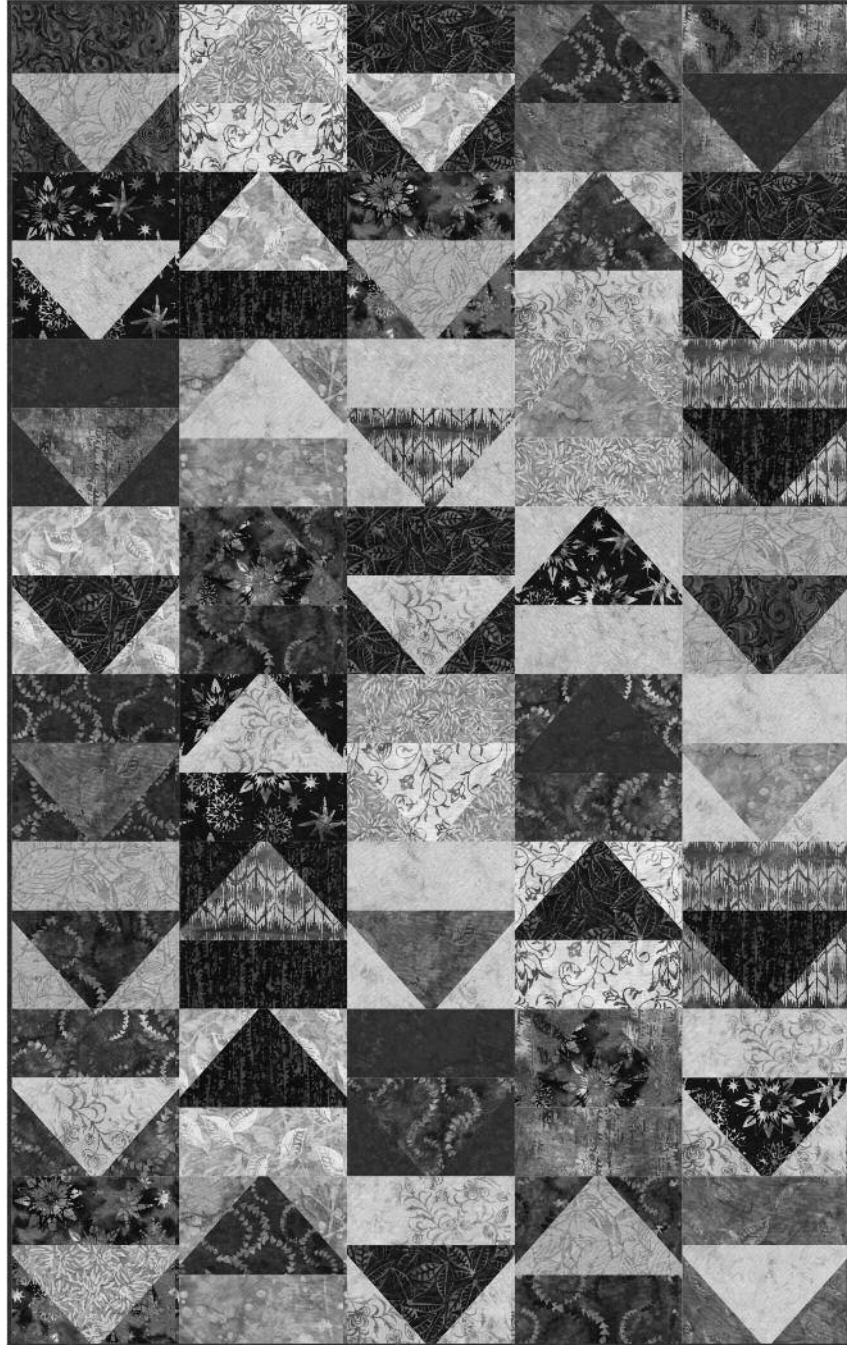


# TONGA TREATS

## Lift Me Up

Quilt designed by Marlous Carter

For 10" Squares



Finished quilt: 43" x 68½"



BROOME STREET PATTERNS



## Fabric Requirements

Forty 10" squares

1/2 yard Tonga binding fabric

3 yards Tonga backing fabric

51" x 76" batting

## Cutting

From the binding fabric:

- Cut six 2½" x width-of-fabric strips.

## Block Construction

1. Sort the 10" squares into twenty pairs of contrasting colors.
2. Working with one pair of squares at a time, layer one 10" square on top of the other, both right sides up. Mark the center of the upper edge. On both sides, mark 4½" up from the lower edge and 5¼" down from the upper edge. (figure 1)
3. Cut across the layered squares between the 4½" and 5¼" marks. (figure 2)
4. Cut from the upper center mark to each side 5¼" mark. (figure 3)
5. Working with the center triangle piece, swap the two within the pair so the top fabric is on the bottom and the bottom fabric is on the top. (figure 4)
6. Sew the two resulting blocks together: Begin with the rectangular strip and sew it to the center triangle using a *scant* 1/4" seam. Then sew the two side triangles to the center triangle using a regular 1/4" seam. Square the block to 9" x 9". (figure 5)
7. Repeat steps 2-6 to make a total of forty blocks.

## Quilt Top Assembly

8. Arrange the blocks in a pleasing manner, inverting adjacent blocks. Lay out five blocks across and eight rows down.
9. Sew the blocks together in each row and press the seams of adjacent rows in alternate directions. Sew the rows together, matching adjacent seams.

## Finishing

10. Layer the quilt top, batting and backing and quilt as desired.
11. Stitch the binding strips together end to end using diagonal seams. Fold and press the resulting long strip in half lengthwise with wrong sides together. Stitch to the quilt front, matching raw edges and mitering the corners.
12. Fold the binding to the quilt underside and hand-stitch the folded edge to the quilt back.

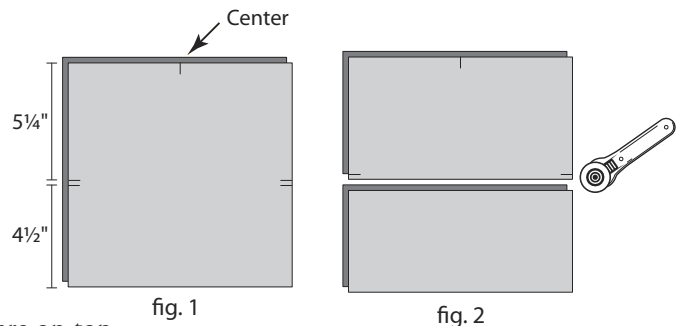


fig. 1

fig. 2

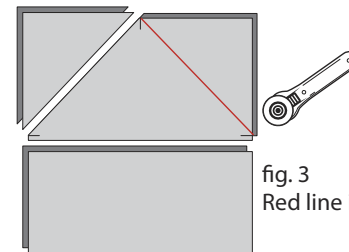


fig. 3

Red line indicates trim line.

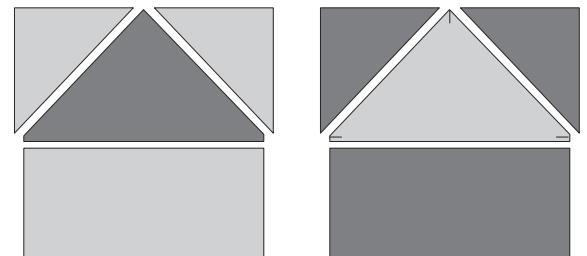


fig. 4

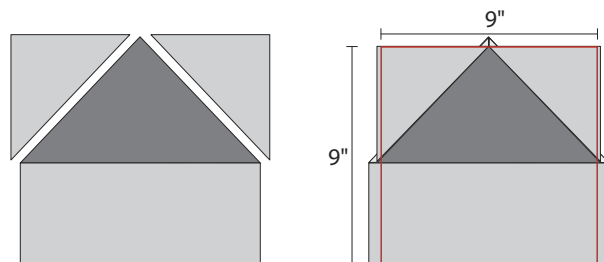
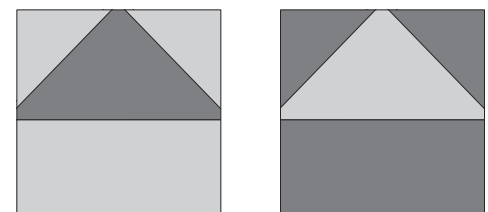


fig. 5-Red line indicates trim line.



Finished blocks have blunted points.